Independent Choice™

September 2017

Food For Life
Organic Ezekiel 4:9® Bread

$4.99
24 oz

Pacific
Organic Bone Broth

$4.99
32 oz

Muir Glen
Organic Tomatoes

4/$5
14.5 oz

USDA ORGANIC

Annie's Naturals
Organic Dressing

$2.79
8 oz

USDA ORGANIC

Organic Valley
Organic Cultured Butter

$5.69
1 lb

USDA ORGANIC

Late July
Organic Restaurant Style Tortilla Chips

2/$6
10-11 oz

USDA ORGANIC

Organic Valley
Organic Mozzarella Stringles

$4.29
6 oz

USDA ORGANIC

Alden's
Organic Ice Cream

$6.49
48 oz

USDA ORGANIC

Traditional Medicinals
Organic Tea
(selected varieties)

$4.29
16 ct

USDA ORGANIC

Native Forest Organic
Classic Coconut Milk

$2.29
13.5 oz

USDA ORGANIC

Did you know...

According to a meta-analysis of 342 peer-reviewed studies, organic produce has antioxidant levels up to 69% higher than conventionally grown produce!
– The Organic Center

Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of September.

Organic Valley Organic Milk

$4.39
64 oz
USDA ORGANIC

Good Culture Organic Cottage Cheese

2/$4
5.3 oz
USDA ORGANIC

Happy Baby Organic Superfood Puffs

$2.89
2.1 oz
USDA ORGANIC

Nature's Path Organic Cereal

$3.89
10-11 oz
USDA ORGANIC

Nancy's Organic Cottage Cheese

$4.99
16 oz
USDA ORGANIC

R.W. Knudsen Organic Just Tart Cherry Juice

$6.49
32 oz
USDA ORGANIC

Stonyfield Organic Smooth & Creamy Yogurt

$3.49
32 oz
USDA ORGANIC

Coombs Family Farms Organic Maple Syrup

$8.99
12 oz
USDA ORGANIC

OCHO CANDY Organic Candy Bar

2/$3
1.5 oz
USDA ORGANIC

Maple Hill Creamery Organic Cream On Top Yogurt

5/$5
6 oz
USDA ORGANIC

Torie & Howard Organic Hard Candy

$2.69
2 oz
USDA ORGANIC

That's It Fruit Bar

4/$5
1.2 oz

Made in Nature Organic Dried Plums

$5.49
6 oz
USDA ORGANIC

Green & Black's Organic Chocolate Bar

$3.19
3.5 oz
USDA ORGANIC

Annie's Homegrown Organic Graham Crackers

$3.99
14.4 oz
USDA ORGANIC

Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of September.

KeVita
Organic Master
Brew Kombucha

2/$5
15.2 oz

USDA ORGANIC

Lundberg Family Farms
Organic Short Grain
Brew Rice Pouches

$4.99
2 lb

USDA ORGANIC

Rising Moon
Organic Ravioli

$3.79
8 oz

USDA ORGANIC

Uncle Matt's
Organic Orange Juice
(selected varieties)

$6.29
59 oz

USDA ORGANIC

Cascadian Farm Organic
Organic Potatoes

2/$5
16 oz

USDA ORGANIC

Muir Glen
Organic
Pasta Sauce

2/$6
25.5 oz

USDA ORGANIC

Theo
Organic Dark
Chocolate Bar

$2.69
3 oz

USDA ORGANIC

Annie's Homegrown
Organic
Mac & Cheese

$2.19
6 oz

USDA ORGANIC

Tofurky
Deli Slices

$2.69
4-5.5 oz

Annie's Homegrown
Organic Bunny
Snack Mix

$3.99
9 oz

USDA ORGANIC

Sunshine Burgers
Organic
Veggie Burgers

$3.99
3/2.67 oz

USDA ORGANIC

Organic Prairie
Organic Mighty Bar

$2.69
1 oz

USDA ORGANIC

Back to Nature
Organic Crackers

2/$6
6 oz

USDA ORGANIC

Kettle
Organic
Potato Chips

2/$5
5 oz

USDA ORGANIC

Coconut Bliss
Organic Non-Dairy
Frozen Dessert

$4.99
1 pt

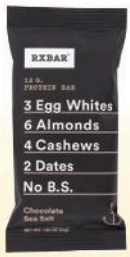
USDA ORGANIC

Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of September.

WTRMLN WTR Cold Pressed Watermelon Water

$3.19
12 oz

RXBAR Protein Bar



2/$4
1.83 oz

Daiya Mozzarella-style Shreds

$3.69
8 oz

Steaz Organic Iced Green Tea

4/$5
16 oz

Beanitos Bean Chips

$2.69
5.5-6 oz

Field Roast Sausage

$4.49
12.95 oz

Wyman's Wild Blueberries

$3.69
15 oz

Garden of Eatin' Blue Tortilla Chips

$3.99
16 oz

Napa Valley Naturals Organic Cold Pressed Extra Virgin Olive Oil

$10.99
25.4 oz

Bakery On Main Gluten Free Granola

$4.49
11 oz

Ozery Bakery Multi Grain Onebun Sandwich Buns

$2.49
8 ct

Sir Kensington's Classic Gourmet Mayonnaise

$4.29
10 oz

Choice Organic Teas Original Tea

$3.59
16 ct

Natural Sea Premium Pink Salmon

$3.29
7.5 oz

Wild Planet Wild Albacore Tuna

$3.49
5 oz

Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of September.

C2O Coconut Water

$1.69
17.5 oz

Califia Farms Unsweetened Almondmilk

$4.19
48 oz

Good Karma Flax Milk (selected varieties)

$2.99
64 oz

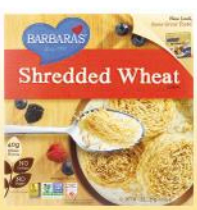
Redwood Hill Farm Plain Goat Milk Yogurt

$5.49
32 oz

Zevia Zero Calorie Soda

$4.29
6/12 oz

Barbara's Shredded Wheat Cereal



2/$7
13 oz

Chocolove Chocolate Bar

2/$5
3.2 oz

ProBar Meal Replacement Bar

$2.49
3 oz

Bob's Red Mill Gluten Free Rolled Oats

$5.69
32 oz

Pamela's Gluten Free Cookies

$3.29
7.25 oz

Terra Chips Sweet Potato Chips

$2.79
6 oz

Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of September.

Larabar
Fruit & Nut Food Bar

5/$5
1.7 oz

Navitas
Organic Cacao
Powder

$6.99
8 oz

Garden Of Life
Perfect Raw Food Alkalizer
& Detoxifier

$31.99
285 g

USDA ORGANIC

Clif Bar
Energy Bar

$1.19
2.4 oz

Spectrum Naturals
Organic Refined
Coconut Oil

$5.49
14 oz

USDA ORGANIC

Amazing Grass
Organic Wheat Grass

$18.99
8.5 oz

USDA ORGANIC

Yerba Prima
Psyllium
Whole Husks

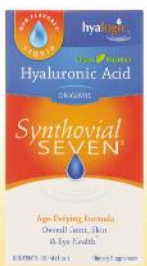
$9.99
12 oz

New Chapter
Wholemega™
Whole Fish Oil

$19.99
60 sgel

Hyalogic
Synthovial Seven
Hyaluronic Acid

$31.99
1 oz



Amy & Brian
Coconut Water

$2.19
17.5 oz

Nature's Dynamics
Body Boost Women's
Multi Gummy

$16.99
60 ct

Bluebonnet
Liquid Calcium
Magnesium Citrate

$9.99
16 oz

thinkThin
High Protein Bar

2/$3
2.1 oz

PlantFusion
Complete
Plant Protein

$24.99
1 lb

tera'swhey
Organic
Whey Protein

$24.99
12 oz

USDA ORGANIC

Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of September.

Nutrex Hawaii
Spirulina Powder

$14.49
5 oz

MegaFood
MegaFlora

$17.99
30 tab

Country Life
Coenzyme
B-Complex

$11.99
60 vcap

Vega
Vega One
Nutritional Shake

$48.99
29.4-30.8 oz

Renew Life
Cleanse More

$14.99
60 cap

Nature's Way
Charcoal
Activated

$6.99
100 cap

Back-to-Routine

GREEN SMOOTHIE

1 scoop Vega One™ French Vanilla
1 cup coconut water
½ avocado
½ cup spinach
½ cup of ice
2 Tbsp shredded coconut

Blend, sip, enjoy!

vega™
For more blendspiration
visit **myvega.com**

Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of September.

Boiron
Chestal Honey

$8.29
6.7 oz

Herbs, Etc.
Deep Sleep®

$17.99
60 sgel

Natural Factors
Vitamin C
500mg Chews

$9.99
90 tab

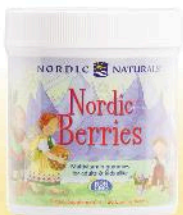
Organic India
Organic Whole
Husk Psyllium

$10.99
12 oz

Rainbow Light
Women's One
Multivitamin

$25.99
90 tab

Nordic Naturals
Nordic Berries



$18.99
120 ct

Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of September.

Nourish
Organic Moisturizing Cleanser

$9.99
6 oz

Weleda
Skin Food

$13.79
2.5 oz

Nubian Heritage
African Black Bar Soap

$3.49
5 oz

Bulldog
Moisturizer

$9.99
3.3 oz

Alaffia
EveryDay Shea
Body Lotion

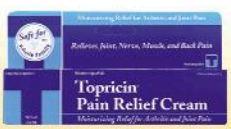
$9.99
32 oz

Dr. Bronner's
Pure-Castile
Liquid Soap

$8.29
16 oz

Topricin
Pain Relief Cream

$11.99
2 oz



Andalou Naturals
Argan & Shea Moisture
Rich Shampoo &
Conditioner

$6.99
11.5 oz

The Grandpa Soap Co.
Pine Tar
Bar Soap

$3.29
3.25 oz

JASON
Body Wash

$11.29
30 oz

Desert Essence
Thoroughly Clean
Face Wash

$6.79
8.5 oz

ECOS
Dishmate

$2.89
25 oz

Tea Tree Therapy
Tea Tree Toothpaste

$3.79
5 oz

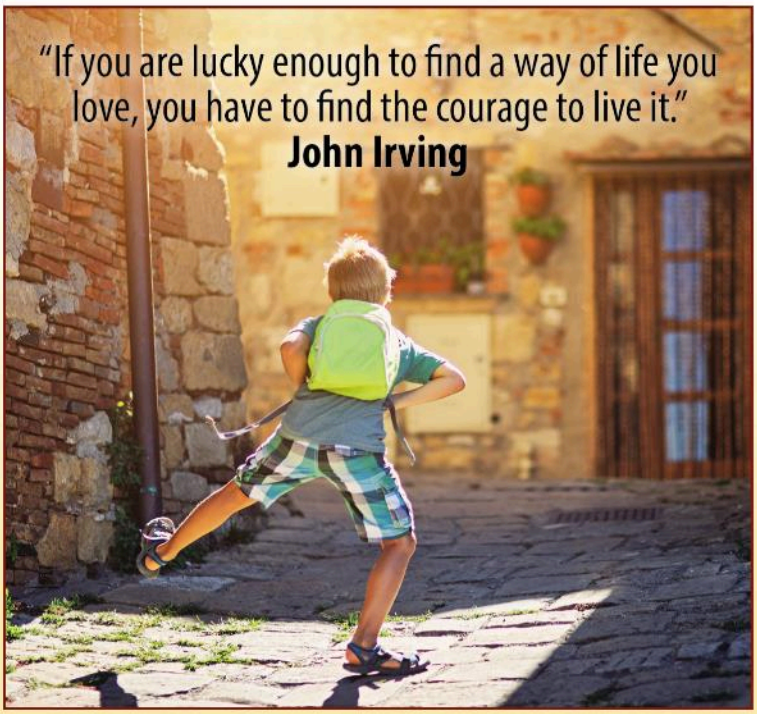
derma e
Retinyl Palmitate
Crème

$9.99
4 oz

Biokleen
Bac-Out Stain &
Odor Eliminator

$6.49
32 oz

Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of September.



Independent Choice™ specials are available at members of the Independent Natural Food Retailers Association store locations:

Florida

Abby's Health & Nutrition
14374 N Dale Mabry, Tampa

Debbie's Health Foods
862 Saxon Blvd, Orange City
3850 S Nova Rd, Port Orange

Get Healthy
1254 Broad St South, Brooksville
11083 Spring Hill Dr, Spring Hill

Grassroots Natural Market II
1915 EW Pkwy, Fleming Island

Healthy Living Organic & Natural Market
10671 Boardwalk Loop, Lakewood Ranch

Nassau Health Foods
833 TJ Courson Rd, Fernandina Beach

Native Sun Natural Foods Market
11030 Baymeadows Rd, Jacksonville
10000 San Jose Blvd, Jacksonville
1585 3rd St N, Jacksonville Beach

Nature's Food Patch
1225 Cleveland St, Clearwater

Nutrition Smart
16250 NW 57th Ave, Miami Lakes
4155 Northlake Blvd, Palm Beach Gardens
10980 Pines Blvd, Pembroke Pines
464 SW Port St Lucie Blvd, Port St Lucie
14847 N Dale Mabry Hwy, Tampa
12702 Race Track Rd, Tampa
1821 Bruce B Downs Blvd, Wesley Chapel

Peggy's Natural Food Market
5839 SE Federal Hwy, Stuart

Tunie's
5651 Coral Ridge Dr, Coral Springs
7170 Fairway Dr, Palm Beach Gardens
900 N Federal Hwy, Fort Lauderdale

Wild Fields Marketplace
2900 W Bay Dr, Belleair Bluffs
3235 Tampa Rd, Palm Harbor

Georgia

Brighter Day Natural Foods
1102 Bull St, Savannah

Farmer's Natural Foods
754 E G Miles Pkwy, Hinesville

Nature's Corner Market
3960 Mary Eliza Trace NW, Marietta
200 Parkbrooke Dr, Woodstock

North Carolina

Be Natural
273 Boone Heights Dr, Boone

The Apple Crate Natural Market
2711 Raeford Rd #110, Fayetteville
5430 Camden Rd #103, Fayetteville

Food Matters Market
1 Market St, Brevard
2310 N Center St, Hickory
210 Avery Ave, Morganton

Harmony Farms Natural Foods
5653 Creedmoor Rd, Raleigh

Healthy Home Market
1816G Galleria Blvd, Charlotte
261 Griffith St, Davidson
1330 Central Ave, Charlotte

Farm to Family Foods by Healthy Home Market
1208 Hickory Blvd SW, Lenoir

Living Well Down East
127 W Gordon St, Kinston

Lovey's Natural Food Market
1319 Military Cutoff Rd, Wilmington

Nature's Own
195 Bell Ave, Southern Pines

Organic Marketplace
1012 S New Hope Rd, Gastonia

West Village Market & Deli
771 Haywood Rd, Asheville

South Carolina

14 Carrot Whole Foods
5300 Sunset Blvd, Lexington

Bay Naturals
7611 N Kings Hwy, Myrtle Beach
556 Hwy 17 N, North Myrtle Beach

Belue Farms Natural Foods Market
3769 Parris Bridge Rd, Boiling Springs

Bert's Market
202 E Ashley Ave, Folly Beach

Rosewood Market
2803 Rosewood Dr, Columbia

Tennessee

Grubb's Grocery
4 Jackson Walk Plaza, Jackson

Natural Foods Market
3211 Peoples St, Johnson City

Nutrition World
6201 Lee Hwy, Chattanooga

Tree of Life Market of Clarksville
30 Crossland Ave, Clarksville

The Turnip Truck
970 Woodland St, Nashville
321 12th Ave S, Nashville
701 Woodland St, Nashville