

BIG Deals



Our best deals of September 2018

FREE

10 count
Golden Black Seed with any
New Chapter
Multivitamin
Purchase



ORIGINAL & KIDS
Sanadrin
Nasal Spray

\$7⁵⁹



**BUY ONE
GET ONE
FREE**

WHILE SUPPLIES LAST

VARIOUS FLAVORS, 6.25 OZ
Desert Essence
Toothpaste

\$5⁹⁹



**BUY ONE
GET ONE
HALF
OFF!**

12 CAP
Renew Life
3-Day Cleanse

\$6⁹⁹



**BUY ONE
GET ONE
HALF
OFF!**

75 CT
Irwin Naturals
Maximum Strength
3-in-1 Carb Blocker

\$19⁷⁹

**BUY ONE
GET ONE
HALF
OFF!**



80 CT
Irwin Naturals
C.L.A. Lean Body
Fat Reduction

\$20⁹⁹

**BUY ONE
GET ONE
HALF
OFF!**



75 CT
Irwin Naturals
Steel-Libido RED

\$24⁵⁹

**BUY ONE
GET ONE
HALF
OFF!**



60 CT
Irwin Naturals
Ginkgo Smart
Maximum Focus
& Memory

\$18⁵⁹

**BUY ONE
GET ONE
HALF
OFF!**



7 OZ
NeoCell
Super Collagen

\$14⁹⁹

**BUY ONE
GET ONE
HALF
OFF!**



NeoCell
Super
Collagen + C

\$14⁹⁹

120 TAB

\$21⁶⁹

250 TAB

**BUY ONE
GET ONE
HALF
OFF!**



CASE OF 12
Harvest Bay
Coconut Water

\$13⁹⁹



5.5 OZ
Green Foods
Matcha Green Tea

\$9⁹⁹

**BEST
PRICE
EVER**



**10%
OFF**



FLAX 4 LIFE

by Kasandra



All products, excluding sale items.
Discount taken at register.

**10%
OFF**

NUTRITION SMART
Private Label
All CBD & Liquid Products

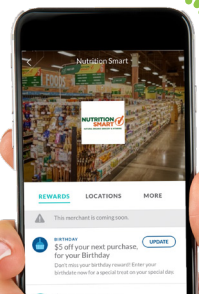
All products, excluding sale items.
Discount taken at register.



NUTRITION SMART
rewards
ARE HERE!

**Get 10% off, just for
signing up!**

To join, download the free
Thanx app, **text "Smart"**
to **43618**



Pacific
Organic Broth
(selected varieties)

\$3⁷⁹
32 oz



Food For Life
Organic Ezekiel 4:9® Bread
(selected varieties)

\$4⁹⁹
24 oz



Nature's Path
Organic
Heritage Flakes

\$3⁹⁹
13.25 oz



Cascadian Farm Organic
Organic Potatoes

\$2⁶⁹
16 oz



Mary's Gone Crackers
Organic Crackers

\$4²⁹
5.5-6.5 oz



Lakewood
Organic Pure
Cranberry

\$8⁴⁹
32 oz



Annie's Naturals
Organic Dressing
(selected varieties)

2/\$7
8 oz



Muir Glen
Organic
Tomatoes
(selected varieties)

4/\$5
14.5 oz



Coconut Bliss
Organic Non-Dairy Frozen
Dessert

\$4⁹⁹
1 pt



Late July
Organic Restaurant
Style Tortilla Chips

2/\$6
10-11 oz



Did you know...
According to the USDA, a
teaspoon of healthy soil has
more microorganisms in it
than there are people on earth!

Go Veggie
Vegan Grated
Parmesan
Style Topping
\$2⁹⁹
4 oz



Rising Moon
Organic Ravioli

\$3⁷⁹
8 oz



Muir Glen
Organic Pasta Sauce

2/\$6
25.5 oz



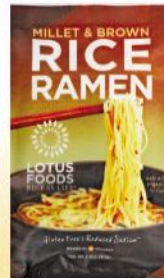
Annie's Homegrown
Organic
Mac & Cheese
(selected varieties)

2/\$5
6 oz



Lotus Foods
Rice Ramen

\$1⁴⁹
2.8 oz



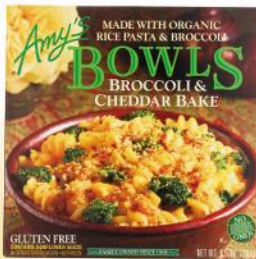
San-J
Asian
Cooking Sauce

\$2⁹⁹
10 oz



Amy's
Bowls
(selected varieties)

\$4⁵⁹
9.5 oz



Tasty Bite
Rice
(selected varieties)

\$1⁷⁹
8.8 oz



Jackson's Honest
Potato Chips

2/\$6
5 oz



**JACKSON'S
HONEST®**

Potato chips, tortilla chips and
grain-free puffs you'll love
made with the highest quality
ingredients. Slow cooked in
organic coconut oil to lock in
flavors and preserve the
nutritional integrity.

SNACK LIKE ❤ IT MATTERS



Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of September.

Ingredients:

3 c cooked quinoa
1 medium carrot, peeled & grated
½ bunch scallion, thinly sliced
3 large eggs
¼ c sunflower oil

Quinoa Patties

Makes 8-12

1 T flaxseed 3 garlic cloves, minced
½ tsp sea salt
½ c organic cornmeal
sour cream
pickled shredded beets

Instructions:

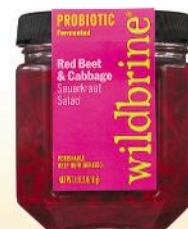
Add all ingredients except cornmeal into a bowl and mix well. Stir in cornmeal, adding more if necessary to form a firm mixture that will hold together. Form mixture into 8-12 patties and place on a parchment lined baking sheet. Bake in a 350°F oven for 15-20 minutes or until starting to brown. Serve warm with sour cream and pickled beets.



wildbrine
Sauerkraut
(selected varieties)

\$5⁴⁹

18 oz



Sir Kensington's
Mayonnaise

\$4⁴⁹

10 oz



Tofurky
Deli Slices
(selected varieties)

\$2⁷⁹

5.5 oz



Lucini Italia
Premium Select Extra
Virgin Olive Oil

\$14⁹⁹

17 oz



Natural Sea
Wild Pink Salmon

\$3²⁹

7.5 oz



Applegate Farms
Chicken Nuggets

\$5⁴⁹

8 oz



Health Valley
Organic Soup
(selected varieties)

\$2⁶⁹

14.5-15 oz



Wild Planet
Wild Sardines

\$2¹⁹

4.375 oz



Sunshine Burgers
Organic Veggie Burgers
(selected varieties)

\$4²⁹

2-3 ct



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REBBL Organic Elixir

\$3²⁹
12 oz



KeVita Organic Apple Cider Vinegar Tonic

2/\$5
15.2 oz



**INDULGE IN
SUPER HERB
POWERED ELIXIRS**

- Ethical, impact sourcing of our all-organic ingredients to uplift communities around the world
- A celebration of ancient wisdom delivering full potency herbs, including adaptogens, to help the body de-stress and energize
- Soulfully Crafted with MCT-filled coconut-milk for healthy metabolism support
- 2.5% of net sales of each bottle sold goes back to Not For Sale

REBBL® RIGHTEDUS PLANT ALCHEMY™ **REBBL.CO**

Vermont Smoke & Cure Classic Meat Stick

3/\$4
1 oz



Organic Valley Organic Mozzarella Stringles

\$4⁴⁹
6 oz



Larabar Fruit & Nut Bar (selected varieties)

5/\$5
1.6-1.8 oz



Hope Organic Hummus

2/\$7
8 oz



Maria and Ricardo's Spinach Tortillas

\$3²⁹
8 ct



ProBar Meal Replacement Bar

2/\$5
3 oz



Garden of Eatin' Blue Tortilla Chips

\$4²⁹
16 oz



Annie's Homegrown Organic Snack Mix

\$3⁶⁹
9 oz



Canyon Bakehouse Gluten Free Bread (selected varieties)

\$4⁷⁹
18 oz



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Taza
Organic Chocolate
Mexicano Discs

2/\$6

2.7 oz



Chameleon Cold-Brew
Organic Ready-To-Drink Coffee

2/\$6

10 oz



Organic Valley
Organic Flavored
Half & Half

\$3²⁹

16 oz



Chocolove
Chocolate Bar

\$2³⁹

3.2 oz



Navitas
Organic
Cacao Powder

\$6⁹⁹

8 oz



Maple Hill Creamery
Organic Grassfed Cream on
Top Yogurt

5/\$5

6 oz



Organic Valley
Organic Sour Cream

\$3⁴⁹

16 oz



Redwood Hill Farm
Plain Goat
Milk Yogurt

\$5⁹⁹

32 oz



Califia Farms
Almondmilk
(selected varieties)

\$4²⁹

48 oz



Annie's Homegrown
Organic Honey
Graham Crackers

\$3⁷⁹

14.1 oz



Happy Baby
Organic Simple
Combos Baby Food

2/\$3

4 oz



Van's
Waffles
(selected varieties)



\$2⁵⁹

8-9 oz

Napa Valley Naturals
Organic Extra Virgin
Olive Oil

\$10⁹⁹

25.4 oz



Spectrum
Organic Refined
Coconut Oil

\$5⁴⁹

14 oz



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Green & Black's
Organic
Chocolate Bar

(selected varieties)

\$3²⁹

3.5 oz



Raw Rev
Glo Bar

3/\$4

1.6 oz



Celestial Seasonings
Tea

(selected varieties)

\$2⁶⁹

20 ct



Theo
Organic
Chocolate Bar

(selected varieties)

2/\$5

3 oz



Triple Leaf Tea
Super Slim Tea

\$3²⁹

20 ct



Teeccino
Organic French
Roast Tee-Bag

\$3⁵⁹

10 ct



So Delicious
CoconutMilk
Bars

(selected varieties)

\$4²⁹

4 ct



Earthbound Farm
Organic
Frozen Fruits

(selected varieties)

\$3⁹⁹

8-10 oz



Birch Benders
Organic Pancake
& Waffle Mix

\$3⁷⁹

16 oz



Alden's
Organic Ice Cream

\$7²⁹

48 oz



Madhava
Organic
Coconut Sugar

\$4⁹⁹

16 oz



Made In Nature
Organic
Dried Apricots

\$4⁴⁹

6 oz



OCHO Candy
Organic Candy Bar

(selected varieties)

3/\$4

1.5 oz



Panda
Licorice

\$2⁶⁹

7 oz



Harmless Harvest
Organic Harmless
Coconut Water

\$4²⁹

16 oz



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PUR
Gum

\$1²⁹
9 ct



Guayaki
Organic Sparkling
Yerba Mate

\$2²⁹
12 oz



Essentia
Alkaline Water

99¢
20 oz



C2O
Coconut Water

\$1⁶⁹
17.5 oz



Zevia
Zero Calorie Soda

\$4²⁹
6 ct



R.W. Knudsen
Organic Just
Tart Cherry Juice

\$6⁴⁹
32 oz



Health-Ade
Organic Kombucha

2/\$6
16 oz



Fire Cider
Organic Apple Cider
Vinegar Tonic

\$11⁹⁹
8 oz



Choice Organic Teas
Organic Tea
(selected varieties)

\$3⁴⁹
16 ct



Organic India
Organic Whole
Husk Psyllium

\$11⁴⁹
12 oz



Yerba Prima
Great Plains
Bentonite

\$8⁷⁹
16 oz



Pure Planet
Organic Just
Barley

\$19⁹⁹
80 g



Garden of Life
Organic Plant-
Based Protein

\$35⁹⁹
806 g - 840 g



NeoCell
Super Collagen

\$12⁹⁹
7 oz



Bluebonnet Nutrition
Liquid Calcium
Magnesium Citrate

\$9⁹⁹
16 oz



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Sovereign Silver
Bio-Active Silver
Hydrosol Dropper-
Top 10 ppm
\$19¹⁹
4 oz



MegaFood
Turmeric Strength
for Whole Body
\$20⁹⁹
60 tab



Renew Life
Ultimate Flora Extra Care
Probiotic 50 Billion
\$29⁹⁹
30 cap



Nature's Way
Activated
Charcoal
\$7⁴⁹
100 cap



Natural Factors
C 500 mg 100%
Natural Fruit Chew
\$9⁹⁹
90 tab



KAL
Magnesium
Glycinate 400
\$11⁴⁹
90 tab



Natrol
Melatonin 3mg
\$6⁹⁹
60 tab



Herbs, Etc.
Deep Sleep®
\$21⁷⁹
60 sgel



Vega
Organic Vega One
Chocolate All-In-
One Shake
\$49⁹⁹
25 oz



Vega One® IS ALL IN FOR ORGANIC

With real plant-based ingredients, Vega One® Organic All-in-One Shake harnesses the power of plants to help you supercharge your day, deliciously. Enjoy 20 grams plant-based protein, vitamins and minerals, fiber, Omega-3 ALA, antioxidant vitamins A and C, and probiotics (*bacillus coagulans*) in each serving. Start your day strong with delicious French Vanilla, Chocolate, Plain Unsweetened, Mocha, Coconut Almond, Berry and Chocolate Mint flavors.



PLANT-BASED
vega



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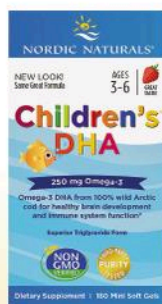
Topricin
Pain Relief Cream

\$12²⁹
2 oz



Nordic Naturals
Children's DHA

\$19⁹⁹
180 ct



Mineral Fusion
Volumizing
Jet Mascara

\$12⁹⁹
.57 oz



Dr. Bronner's
Peppermint
Pure-Castile
Liquid Soap

\$8⁴⁹
16 oz



Boiron
Children's Chestal
Cold & Cough

\$8²⁹
6.7 oz



Redmond
Earthpaste
Toothpaste

\$5⁹⁹
4 oz



Weleda
Skin Food

\$13⁷⁹
2.5 oz



Nature's Gate
Crème Toothpaste

\$3⁷⁹
6 oz



Essential Oxygen
Organic
Brushing Rinse

\$10⁴⁹
16 oz



Alaffia
Everyday Coconut
Body Lotion

\$9⁹⁹
32 oz



ShiKai
Everyday Shampoo
& Conditioner

\$6²⁹
12 oz



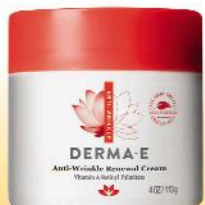
Andalou Naturals
1000 Roses
Cleansing Foam

\$9⁴⁹
5.5 oz



DERMA E
Anti-Wrinkle Renewal
Cream

\$11⁹⁹
4 oz



Castor & Pollux
Good Buddy Beef
Jerky Dog Treats

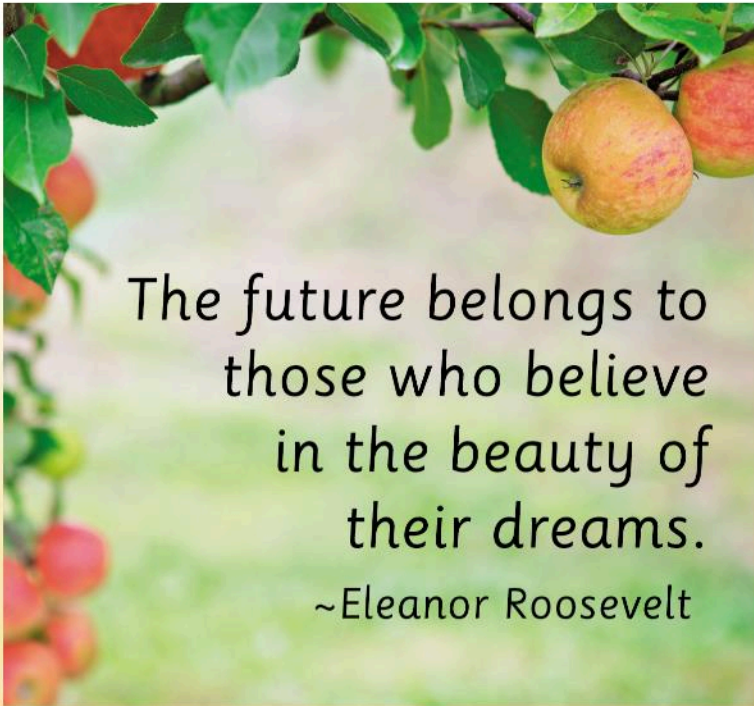

\$3⁴⁹
3.5 oz



Biokleen
Bac-Out Stain +
Odor Eliminator

\$5⁹⁹
32 oz





The future belongs to
those who believe
in the beauty of
their dreams.
~Eleanor Roosevelt



Independent Choice™ specials are available at members of the Independent Natural Food Retailers Association store locations:

FLORIDA

Abby's Health & Nutrition
14374 N Dale Mabry, Tampa

Debbie's Health Foods
862 Saxon Blvd, Orange City
3850 S Nova Rd, Port Orange

Get Healthy
1254 Broad St South, Brooksville
11083 Spring Hill Dr, Spring Hill

Grassroots Natural Market II
1915 EW Pkwy, Fleming Island

Healthy Living
Organic & Natural Market
10671 Boardwalk Loop, Lakewood Ranch

Nassau Health Foods
833 TJ Courson Rd, Fernandina Beach

Native Sun Natural Foods Market
11030 Baymeadows Rd, Jacksonville
10000 San Jose Blvd, Jacksonville
1585 3rd St N, Jacksonville Beach

Nature's Food Patch
1225 Cleveland St, Clearwater
966 Douglas Ave, Dunedin

Nutrition Smart

16250 NW 57th Ave, Miami Lakes
4155 Northlake Blvd, Palm Beach Gardens
10980 Pines Blvd, Pembroke Pines
464 SW Port St Lucie Blvd, Port St Lucie
14847 N Dale Mabry Hwy, Tampa
12702 Race Track Rd, Tampa
1821 Bruce B Downs Blvd, Wesley Chapel

Peggy's Natural Food Market
5839 SE Federal Hwy, Stuart

Tunie's
5651 Coral Ridge Dr, Coral Springs

GEORGIA

Brighter Day Natural Foods
1102 Bull St, Savannah

Farmer's Natural Foods
754 E G Miles Pkwy, Hinesville

Nature's Corner Market
3960 Mary Eliza Trace NW, Marietta
200 Parkbrooke Dr, Woodstock

Savi Provisions
287 Elizabeth St NE, Atlanta
1388 Dresden Drive, Atlanta
988 Peachtree Street, Atlanta
180 W Ponce De Leon, Atlanta
308 Pharr Road, Buckhead

NORTH CAROLINA

Be Natural
273 Boone Heights Dr, Boone

The Apple Crate Natural Market
2711 Raeford Rd #110, Fayetteville
5430 Camden Rd #103, Fayetteville

Food Matters Market
1 Market St, Brevard
2310 N Center St, Hickory
210 Avery Ave, Morganton

Harmony Farms Natural Foods
5653 Creedmoor Rd, Raleigh

Living Well Down East
127 W Gordon St, Kinston

Lovey's Natural Food Market
1319 Military Cutoff Rd, Wilmington

Nature's Own
195 Bell Ave, Southern Pines

Organic Marketplace
1012 S New Hope Rd, Gastonia

West Village Market & Deli
771 Haywood Rd, Asheville
303 Cannon St, Chestertown

SOUTH CAROLINA

14 Carrot Whole Foods
5300 Sunset Blvd, Lexington

Bay Naturals
7611 N Kings Hwy, Myrtle Beach
556 Hwy 17 N, North Myrtle Beach

Belue Farms
Natural Foods Market
3769 Parris Bridge Rd, Boiling Springs

Bert's Market
202 E Ashley Ave, Folly Beach

Rosewood Market
2803 Rosewood Dr, Columbia

TENNESSEE

Grubb's Grocery
4 Jackson Walk Plaza, Jackson

Natural Foods Market
3211 Peoples St, Johnson City

Nutrition World
6201 Lee Hwy, Chattanooga

Tree of Life Market of Clarksville
30 Crossland Ave, Clarksville

The Turnip Truck
321 12th Ave S, Nashville
701 Woodland St, Nashville