

FRESH ORGANIC JUICES

12 OZ \$5.99 | 20 OZ \$7.99
GREEN QUEEN

Collards, Kale, Green Apple, Dandelion, Cucumber, Ginger, Lemon
12 Oz = 303 Cal, 46g Sugar

RED WARRIOR

Beets, Carrots, Celery, Cucumber, Orange, Red Apple, Ginger, Lemon
12 Oz = 273 Cal, 58g Sugar

IMMUNITY JUICE

Pineapple, Orange, Green & Red Apple, Carrots, Cucumber, Ginger
12 Oz = 317 Cal, 68g Sugar

TURMERIC SUNRISE

Apple, Carrots, Celery, Lemon, Ginger, Turmeric
12 Oz = 308 Cal, 61g Sugar

CUCUMBER CHILL

Cucumber, Celery, Green Apple, Lime
12 Oz = 145 Cal, 27 G Sugar

LEMON ZINGER

Apple, Carrots, Lemon, Ginger
12 Oz = 282 Cal, 53g Sugar

SKIN PURIFIER

Pineapple, Cucumber, Apple 12 Oz = 263 Cal, 55g Sugar

SANDWICHES

Beyond Burger \$6.49 Comes with gluten free bun, vegan cheese, garlic cilantro vegenaize, tomato, onion, lettuce

Grilled Cheese On Ezekiel Bread
With Cheddar Cheese **\$5.49**
+ 2 Toppings **\$6.49**

Grilled Cheese Panini \$6.49
Add Meat **\$7.49**

Cheddar, Avocado, Tomato, Garlic Cilantro Vegenaize And Pesto

Cranberry And Walnut Chicken Salad Sandwich \$7.49

Chicken Breast, Vegenaize, Walnuts, Cranberries, Celery, Honey, Red Onion, Mustard, Relish, Salt And Pepper. Toppings: Cucumber, Romaine Lettuce, Tomato. Bread: Sami's Millet And Flax Sub Roll

Curry Chicken Salad Sandwich \$7.49

Chicken, Sage, Rosemary, Pepper, Curry, Vegenaize, Himalayan Salt. Toppings: Pickles, Sprouts, Red Onion Bread: Dave's Killer Powerseed Bread

Vegetable Sandwich \$6.49 (create your own)

WRAPS

Kickin' Veggie Wrap \$7.49

Whole Wheat Wrap, Garlic Cilantro Vegenaize, Hummus, Vegan Cheese, Black Beans, Mushrooms, Red Onion, Pickles, Avocado, Spinach

Manager's Wrap \$7.49

Millet And Flax Lavash, Garlic Cilantro Vegenaize, Mushrooms, Onions, Tomato, Cilantro, Avocado, Alfalfa Sprouts, Olives

Mediterranean Wrap \$7.49

Hummus, Pesto, Red and Green Pepper, Red Onion, Tomato, Cucumber, Olives, Parsley, Pepperoncini, Spinach, Feta

Chicken Caesar Salad Wrap \$7.49

Whole Wheat Wrap, Chicken, Romaine Lettuce, Red Onion, Parmesan Cheese, Caesar Dressing

Turkey & Provolone Wrap \$7.49

Natural/Organic Turkey, Provolone Cheese, Vegenaize, Cucumber, Onion, Mustard, Alfalfa Sprouts, Spinach, Pickle, Whole Wheat Wrap

*All Sandwiches Come With Choice Of Chips Or Apple

Bread Options: Ezekiel Dave's Killer Power Seed, Whole Wheat Wrap, Millet And Flax Lavash, Millet And Flax Sub Roll.

Vegan Cheese Available Gluten-Free Available

SALADS

Chicken Caesar Salad

SMALL \$4.99 | LARGE \$8.99

Organic Chicken, Parmesan Cheese, Red Onion, Tomato, Gluten Free Croutons.

Greek Salad

SMALL \$4.99 | LARGE \$8.99 Feta,

Tomato, Red Onion, Cucumber, Banana Pepper, Olives, Roasted Beets.

Strawberry Pecan Salad

SMALL \$4.99 | LARGE \$8.99

Strawberries, Pecans, Goat Cheese, Balsamic Glaze

Chef Salad

SMALL \$4.99 | LARGE \$8.99 Power

Greens, Turkey, Cheddar Cheese, Egg, Tomato, Onion

PROTEIN SHAKES
12 OZ \$6.49 | 20 OZ \$8.49

WHEY PROTEIN

ALMOND JOY

Bananas, Almond Butter, Cacao, Dates, Coconut Flakes, Vanilla Whey Protein, Coconut Water, Almond Milk

STRAWBERRY BANANA

Strawberries, Bananas, Vanilla Whey Protein, Almond Milk

COCONUT CREAM PIE

Bananas, Oats, Vanilla Whey Protein, Coconut Flakes, Coconut Oil, Vanilla, Stevia, Coconut Extract, Coconut Milk

BLUE HULK

Blueberries, Bananas, Vanilla Whey Protein, Chia Seeds, Hemp Seeds, Cacao, Maca, Peanut Butter, Honey, Almond Milk

VEGAN PROTEIN

MANGO MATCHA Mango, Banana, Kale, Matcha, Lime, Oranges, Vegan Protein

BANANA SPLIT Pineapple, Strawberries, Bananas, Vegan Protein, Cacao, Dates, Vanilla, Almond Milk

PEANUT BUTTER BANANA

Bananas, Vegan Protein, Peanut Butter, Almond Milk, Cinnamon

BLUEBERRY MILK SHAKE

Blueberries, Bananas, Vegan Protein, Cinnamon, Vanilla, Almond Milk

CINNAMON MOCHA

Coffee, Vegan Protein, Cacao, Cinnamon, Agave, Cashew Butter, Hemp Milk, Ice

OATMEAL COOKIE

Bananas, Vegan Protein, Almond Butter, Cinnamon, Almond Milk, Oats, Ginger

SMOOTHIES

12 OZ \$5.99 | 20 OZ \$7.99

CHOCOLATE SMOOTHIES
CHOCOLATE SUPERFOOD

Banana, Hemp Seeds, Flax Seeds, Cacao, Coconut Oil, Almond Butter, Date, Maca, Almond Milk

CHOCOLATE PEANUT BUTTER

Banana, Cacao, Peanut Butter, Almond Milk, Greek Yogurt, Choice of Agave, Honey, Maple Syrup, or Stevia

FRUIT SMOOTHIES
ULTIMATE C

Banana, Strawberry, Pineapple, Oranges, Goji Berry, CamuCamu, Coconut Water

COCONUT CASHEW

Banana, Cashew Butter, Oats, Coconut Oil, Coconut Extract, Vanilla, Cashew Milk

TASTE OF TROPICS

Pineapple, Banana, Mango, Orange, Lime, Carrots, Turmeric, Cayenne

STRAWBERRY MACA

Strawberry, Banana, Lime, Coconut Flakes, Maca, Honey, Coconut Water

PINK PITAYA

Pitaya, Banana, Mango, Apple Juice

GRANADA GREENS Pitaya, Kale, Spinach, Ginger, Banana, Lemon, Apple Juice

PINAKALADA

Banana, Pineapple, Kale, Fresh Pineapple Juice

GREEN SMOOTHIES

LEAN GREEN

Mango, Kale, Dandelion, Avocado, Spinach, Green Apple, Celery, Cucumber, Lemon, Optional Ginger, Coconut Water

ALMOND ALOHA

Pineapple, Banana, Spinach, Date, Almond Butter, Almond Milk

THE BLUE GREEN DREAM

Blueberries, Banana, Avocado, Spinach, Chia Seeds, Almond Milk

LIME IN THE COCONUT

Pineapple, Banana, Avocado, Spinach, Parsley, Lime, Coconut Flakes, Coconut Extract, Coconut Water

GOLDENMILK

Banana, Mango, Pineapple, Ginger, Turmeric, Black Pepper, Cinnamon, Maca, Cardamom, Coconut Milk

TAKE A SHOT!

Wheatgrass Shot
\$2.99

Ginger, Lemon & Cayenne Shot
\$2.99

Ginger, Lemon, Orange, Kratom Shot
\$4.99

ADD-INS

Bee Pollen
Chia
Maca
Ginger
Flax
Hemp
Daily Energy
Matcha
50¢ EACH

Protein
Green Vibrance
Nut Butter
\$1.00 EACH

CBD 20 mg
\$2.00